

# In Line Director

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## Overview

Inline hockey is a popular activity with campers of all ages and provides a great combination of skill development, physical activity and of course, fun! The Inline program can be a great way for kids to improve their skating, hockey and even coordination skills throughout the summer and is one of a few activities that can be put to good use during the school year with ice hockey and/or skating. The court used for our inline program is sport court (a sort of waffle type floor) and softer wheels are best suited for this type of court.

## Daily Tasks

The hockey program contains a fair amount of equipment and needs to be well maintained on a daily basis. At the start of each day, go through the hockey shed and ensure that all equipment is in good shape and that an adequate supply of good sticks, helmets, pads and balls exist for the day.

Remember that the hockey shed can get very messy quite quickly so straighten up all equipment at the end of each day and make sure everything is able to air out/dry out for the next day.

## Helpful Hints:

- Train the kids to clean up after themselves from day 1!! Teach them where to find things, and where to put things away.... And make sure they don't leave until its done... this will save you from hours of cleaning throughout the summer
- Teach your staff to supervise / help with the cleanup... make sure they stay until its clean
- Be sure to get your staff involved in helping the younger kids dress/ tie skates
- If your Individual Choice periods are low in kids be sure to have a hockey activity prepared that a low number of kids can play such as shootouts or skills competitions
- Set a good example for the kids regarding safety; always wear a helmet, gloves, and shin pads
- Be early to put on your gear so you can help the campers put theirs on
- Use staff to look for balls shot out of the Plat-Forum throughout the day
- Keep balls in pail with cold water or ice to prevent balls from going soft on hot days.
- Make sure you ask to get any repairs done ASAP

The platform can become a very busy and chaotic place, as the landsports program will be sharing this space throughout the day. Lost & found will pile up throughout the day so please make sure you sweep the entire area, including the bench on the far side of the rink and return all clothing to the lost and found box at the end of the day.

## Programming

The hockey program at camp can be a ton of fun and contain a fair bit of variety on a day to day basis. Daily activities can focus on hockey skills, drills, tournaments, skating skills, and of

course award work. Try to keep kids moving on a regular basis except of course when explaining drills or positioning. Remember that skating can take a fair bit of coordination and confidence and will require patience when dealing with the younger kids. Use fun and creative ways to teach basic skills and keep kids moving around on the rink – skating in circles for an entire hour can become very tedious very quickly!

## Awards

Kids will want to spend a fair bit of time working on awards and will require a lot of one on one teaching. It is recommended that you focus one particular individual choice period to award work.

Beginner level campers should work on the basics before attempting to learn more advanced techniques – strong skating should be taught before hockey skills.

For intermediate levels begin working on perfecting hockey skills and advanced campers should be able to skate with ease forwards and backwards, easily manoeuvre a hockey stick and ball and learn hockey strategies for game playing.

## Staff

Typically one junior counsellor and one CIT is all that is required for hockey. Keep your staff motivated and eager to teach new skills and ensure they are on the rink skating with the kids as much as possible. Younger kids will require help putting on their equipment so organize your staff effectively so everyone is set up and ready to go as quickly as possible. You don't want to waste half the period getting kids dressed and ready to play. Encourage your staff to come up with fun games and drills they can play with kids to keep them excited and energized.

A staff hockey game should be organized for as many rest hour periods as possible and should be organized each morning before or during lunch. Please see Vic/Craig for further details.

## Safety

While we always encourage campers and staff to have fun at everything they do, safety is paramount. The hockey rink can be a busy place and there is the potential for kids to get hurt while playing hockey, mishandling sticks, roughhousing or simply falling on the court. Please take the time to go through all of the safety rules at the beginning of each session and remember that proper equipment **MUST** be worn on the rink at all times and shoes must always be worn while on the platform. If kids do not have proper guards they cannot play.

## Rules

- Campers may **ONLY** use the equipment with a staff member's permission and supervision
- Players must wear running shoes or roller blades at all times
- **ALL** players must wear full face-shield helmets, gloves, shin pads, and elbow pads at all times... campers and staff
- Be sure to put all equipment away after using it

## Summary

We know this is a lot of information. We do not expect you to memorize all of it. We do expect you to read it, take notes, and ask questions! We hope you are as excited as we are to have you with us on South Tea!

## INLINE HOCKEY/SKATING

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- Players must wear running shoes or roller blades at all times
- ALL Players must wear full face-shield helmets, gloves, shin pads and elbow pads at all times
- Be sure to put all equipment away after using it
- helmets BEFORE skates